

BROOKINGS SEVENTH-DAY ADVENTIST CHURCH

NEWSLETTER

VOLUME 7, ISSUE 11

NOVEMBER 2013

THANKFULNESS

I have heard it said that if people would just stop and count their blessings on a daily basis they would do away with their sadness and depression! It can truly be amazing what a change in perception can do to our mental focus. When we focus on the positive we tend to act positively and on the other hand when we focus on the negative we can become negatively active. The Psalmist gives this advice Psalm 100:4 "Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name."

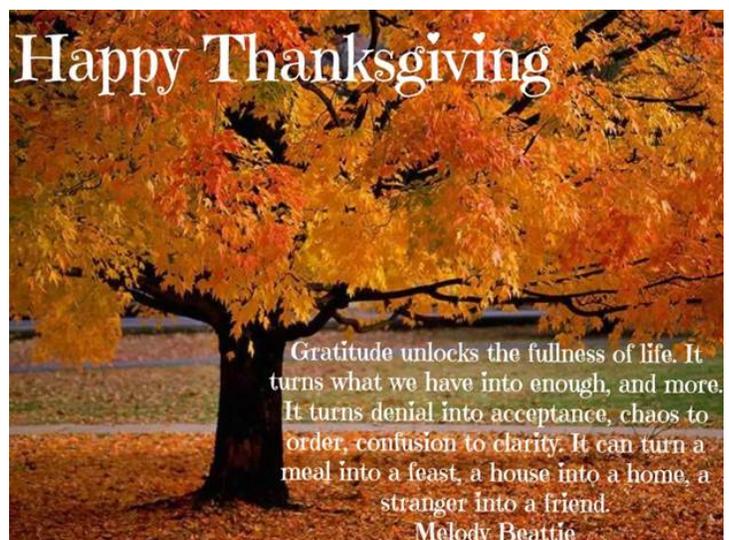
Have you stopped to think and thank God for his blessings! There are some major blessings that can happen every now and then, like the birth of a child, a new job, a raise, a major health healing among others. However there are also everyday blessings that many times go without notice. For example breathing! That's right, breathing!! Every breath we take is a blessing from God and when we realize that his blessings are always present we can live a life of full of thanks and a life of thankfulness!

Be mindful and be thankful!

Pastor Jose G. Galvez

THANKFULNESS

- *He enjoys much who is thankful for little.*
~ Thomas Secker
- *For what I have received may the Lord make me truly thankful. And more truly for what I have not received.* ~Storm Jameson



UPCOMING EVENTS

- * Because of conflicting schedules, the October Work Bee has been postponed. Watch the church bulletin for the new date.
- * Pastor Galvez is moving the week of November 10-15, 2013 so

will be taking some vacation time to get settled. You may call his cell phone, 541-306-1150 to see if there is any way you can help them. Remember, there will be no Prayer Meeting that week.

- * Donald Cobbs will be here to minister to us in word and song on Thanksgiving weekend.
- * Dwight Winslow is willing to take photographs for an updated Church Directory, so watch for dates he will be available

to take your picture. He's also been working on pictures for the bulletin boards in the hallway by the Mother's Room so we can get to know each other better! Don't miss this great opportunity!